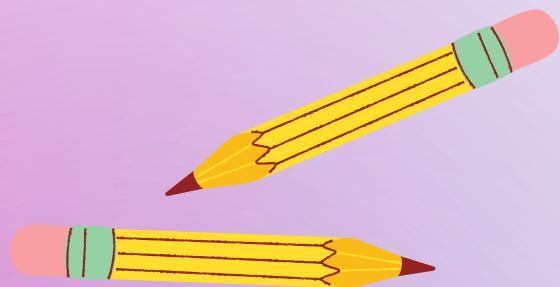
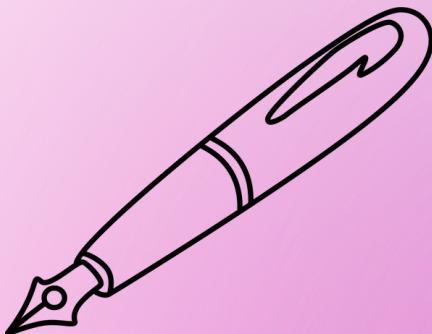


# AWAKEN YOUR INNER POET!

Just like these women poets, you can change the world with your poems. The activities in the book will help you create your own poetry. An exciting surprise awaits you when you finish. Let your imagination fly and have fun, Junior Poet!

EARN AN OFFICIAL  
JUNIOR POET CERTIFICATE  
AFTER YOU FINISH  
THE ACTIVITIES!

Pen or Pencils



# POETRY ACTIVITIES

Pressed  
flowers



Your  
imagination



# Joy Harjo: How to Write a Shape Poem

Joy Harjo finds songs all around her: in birds chirping, wind howling and rain tapping on her window. Before she began writing poetry, Joy loved to paint. You can combine music and art—Joy's favorite things—to create your very own shape poem!

*First, write  
down your  
favorite  
sounds*



*My Favorite Sounds*

**horses running**  
~~~~~

**birds chirping**  
~~~~~

**river rushing**  
~~~~~

**owl hooting**  
~~~~~



Fill this shape with a poem about the bird and nature. You can use other shapes to write about different animals.

# Mary Oliver: How to Write a Haiku



Mary Oliver's happy place was Cape Cod, where she spent hours walking to get inspiration for her poems. You can also be a nature poet like Mary by writing a Haiku!

## What *is* a Haiku?

A haiku does *not* rhyme but has a special syllable count—5 syllables on the first line, 7 syllables on the second line and 5 syllables on the third line. The most famous Haiku ever written is by Matsuo Basho.

1 1 1 1 1  
*An old silent pond*

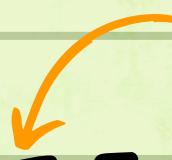
1 1 1 1 1 1 1  
*A frog jumps into the pond—*  
1 1 1 1 1  
*Splash! Silence again.*

## Poet-tip

To count syllables, clap along to this famous poem and see that each "beat" or syllable can be counted with a clap!

Now that you know how to write a haiku, it's time to get inspired. Take a pen and paper, go outside and start filling the idea jar with poem ideas!

## My Haiku's Name:



# Emily Dickinson: How to Write a Flower- Pressed Poem



Emily Dickinson would spend hours writing poems and letters to her friends and family by candlelight. After she finished, Emily would *press flowers* on the parchment to decorate it!

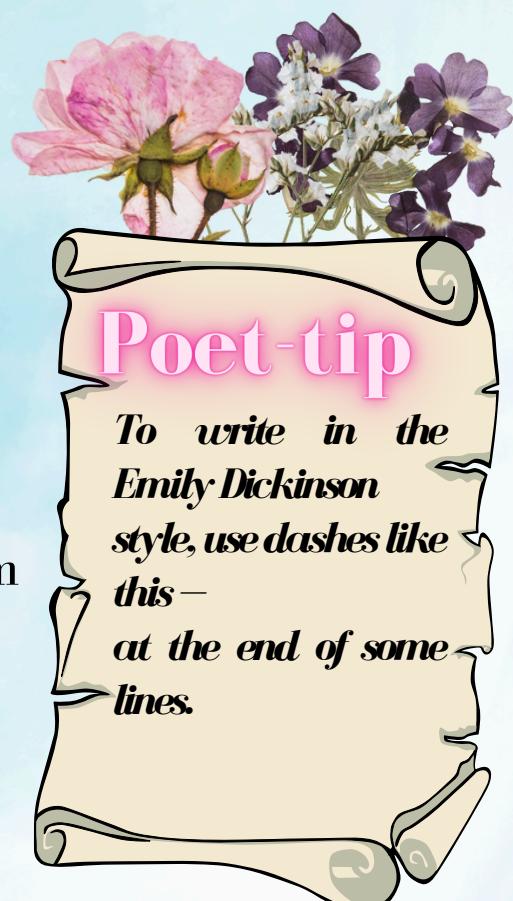
## ***How do I press flowers?***

**Step 1:** Pick fresh flowers or take a few from a bouquet with help from a grown-up.

**Step 2:** Lay down parchment paper on any middle-page of a book and then place your flowers flat on the parchment paper.

**Step 3:** Close the book and put a heavy item on it to make sure the flowers are crushed.

**Step 4:** Wait for 2-3 weeks and open the book to find perfectly pressed flowers!



If Emily Dickinson sent you her poem, what poem would you write back to her? Before your pressed flowers are ready, use this page to write your very own Emily Dickinson inspired poem.

**"Hope" is the thing with feathers –  
That perches in the soul –  
And sings the tune without the words –  
And never stops – at all –**  
—Emily Dickinson

*To: Emily Dickinson*

*From:*



# CERTIFICATE

Junior  
Poet

PRESENTED TO